



**FLORIDA RELAYS
PERCY BEARD TRACK
GAINESVILLE, FL
APRIL 2nd – 3rd, 2010**

FRIDAY SCHEDULE OF EVENTS:

FIELD EVENTS:

HIGH SCHOOLS

10:00am Long Jump (B & G)
Pole Vault (B)
Discus (G) outside field
Shot Put (B)
High Jump (G)

COLLEGIATE & OPEN

2:00pm Long Jump (M)
3:00pm Pole Vault (W)
4:00pm Discus (W)
Hammer (M) outside field
5:00pm High Jump (W)
6:00pm Long Jump (W)
Discus (M)
Hammer (W) outside field

RUNNING EVENTS:

11:45am 100 Hurdles (HS – G)
12:05pm 100 Hurdles (W)
12:25pm 110 Hurdle (HS -B)
12:45pm 110 Hurdles (M)
1:05pm 400m (W)
1:25pm 400m (M)
1:45pm 100m (HS – G)
2:05pm 100m (HS – B)
2:25pm 100m (W)
2:40pm 100m (M)
2:55pm 800m (W)
3:20pm 800m (M)
3:45pm 400m Hurdles (W)
4:05pm 400m Hurdles (M)
4:25pm Invite 200 (W)
4:35pm Invite 200 (M)
4:45pm 4x200 (HS – G)
5:10pm 4x200 (HS – B)

Distance Carnival

6:30pm 800m (HS-G)
800m (HS-B)
1600 (HS-G)
1600 (HS-B)
3200 (HS-G)
3200 (HS-B)
Steeplechase (W)
Steeplechase (M)
1500 (W)
1500 (M)
5000m (W)
5000m (M)

SATURDAY SCHEDULE OF EVENTS:

FIELD EVENTS:

HIGH SCHOOLS

10:00am Triple Jump (G & B)
Pole Vault (G)
Discus (B) outside field
Shot Put (G)
High Jump (B)

COLLEGIATE & OPEN

11:30am Javelin (M)
1:00pm Pole Vault (M)
1:30pm Javelin (W)
Triple Jump (M)
3:30pm Shot Put (M)
4:00pm High Jump (M)
Triple Jump (W)
5:45pm Shot Put (W)

RUNNING EVENTS:

9:00 am 4x1600 (HS-G)
9:30am 4x1600 (HS-B)
12:00pm SMR (W)
12:15pm SMR (M)
12:30pm SHR (W)
12:45pm SHR (M)
1:00pm 4x800 (HS – G)
1:40pm 4x800 (HS – B)
2:20pm 4x100 (W)
2:45pm 4x100 (M)
3:10pm 4x100 (HS – G)
3:25pm 4x100 (HS – B)
3:40pm 4x800 (W)
3:55pm 4x800 (M)
4:10pm 4x200 (HS – G)
4:30pm 4x200 (HS – B)
4:50pm DMR (W)
5:10pm DMR (M)
5:30pm 4x400 (HS – G)
6:05pm 4x400 (HS – B)
6:40pm 4x400 (W)
7:05pm 4x400 (M)

SMR = Sprint Medley Relay (200-200-400-800)

SHR = Shuttle Hurdle Relay

DMR = Distance Medley Relay (1200-400-800-1600)

ENTRY NOTES – High School and Collegiate

- Entries will only be accepted online via Direct Athletics at www.directathletics.com. No fax or phone entries will be permitted.
- Entering your athletes is no guarantee of them being accepted into the meet. Check gatorzone.com on Saturday March 27th, after 6pm to confirm your athletes were accepted.
- Late Entries will be assessed a \$50.00 late fee per late entry and will be admitted on an individual basis.
- Username and password are required to enter the meet. If you do not have a username and password contact Direct Athletics at support@directathletics.com
- Any athlete participating in either individual or relay events must be on your team roster.
- Please remember to print out a confirmation sheet after you have entered all of your athletes in all of their events.
- Enter your athletes' lifetime best, indoors or outdoors, for relays (include a seasonal best or an estimated performance based upon your four athletes individual performances). Understand that all marks are subject to verification or challenge. Do not enter your athletes with marks that they have not achieved.
- Entry Deadline is **Thursday, March 25th, 2010 @ 6:00PM.**
- All athletes accepted into the competition will be posted at gatorzone.com by 6:00pm Saturday, March 27th.

High School Sanctioning Info

The Florida Relays has submitted for sanction of an interstate athletic event to the National Federation of State High School Associations. The FHSAA has approved the Florida Relays for state of Florida association member schools.

Check with your state high school activities association if you have any questions before entering the Florida Relays. You can check for information on your state and Florida Relays sanctioning as www.NFHS.org/sanctioning.htm

CLUB & UNATTACHED INFORMATION

- Open competitors must be 18 years of age or older on April 3rd, 2010. Unattached athletes may not wear a school uniform.
- ENTRIES ON DIRECTATHLETICS.COM ONLY. Deadline is Thursday, March 25th, 2010.
- **ENTERING IS NO GUARANTEE OF BEING ACCEPTED INTO THE MEET.** Check gatorzone.com on Saturday March 27th, after 6pm to confirm your acceptance.
- No late entries will be accepted!

ALL ATHLETES NOT COMPETING WITH A COLLEGE MUST SIGN THE WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT AND RETURN IT AT PACKET PICK-UP IN ORDER TO COMPETE

FLORIDA RELAYS TIMELINE

Thursday	March 25 th - 6:00pm	Entries Due
Saturday	March 27 th - 6:00pm	Accepted entries posted on Gatrozone.com
Thursday	April 1 st – 4:00pm-7:00pm	Packet Pickup – Woman's Club
Friday	April 2 nd – 8:00am-6:30pm	Packet Pickup – Woman's Club
Saturday	April 3 rd – 8:00am-1:00pm	Packet Pickup – Woman's Club

ENTRY FEES – HIGH SCHOOL

There is an entry fee of \$10 per athlete, with a maximum of \$100 per team. Male and female teams are considered separate creating a maximum entry fee of \$200 per school. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 27th, 2010. Make sure to include all relay runners and alternates when you do your team roster online. Entry fees must be paid at packet pick-up. Make checks payable to: *University Athletic Association*.

ENTRY FEES – COLLEGIATE / UNATTACHED

There is an entry fee of \$30 per athlete, with a maximum of \$250 per team. Male and female teams are considered separate creating a maximum entry fee of \$500 per school. \$5.00 for unattached athletes that show a valid college id. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 27th, 2010. Make sure to include all relay runners and alternates when you do your team roster online. Entry fees must be paid at packet pick-up. Make checks payable to: *University Athletic Association*.

Online Entry Instructions

Instructions for online entries are found below.

Please contact support@directathletics.com if you have any questions.

Important Notice for Schools Who Have Already Used DirectAthletics

If you already have an athlete on your roster, you do not need to add that athlete again.

- Review your existing roster carefully. To view your roster, login and click TEAM.
- Deactivate all athletes no longer on your active roster. To deactivate an athlete, click on the athlete's name. Then click on the red "Deactivate" button. Repeat that for each athlete you want to remove from your active roster.
- Edit school year for existing athletes. Please review your entire roster to make sure that the school year is accurate for each existing athlete. If the school year is incorrect, click on that athlete's name, and then click the dark blue "Edit" button. Change the school year in the dropdown and Submit.
- Check spelling. You can change the spelling of an existing athlete's name by following the instructions in the previous step. Once at the Edit Athlete page, make the appropriate changes to the First or Last Name and Submit.
- Add only new athletes not already on your roster (Follow Steps 4-6 below). Do NOT create duplicates on your roster. If you have any duplicate names on your roster, delete one of the duplicates

WEIGH-IN INFORMATION

Athletes must weigh-in all throwing implements at the track stadium in the northwest corner of the track (see posted sign). The weigh-in schedule is as follows. Implements which are not certified as official will be confiscated, and released following the competition.

IMPLEMENT WEIGH-IN SCHEDULES

Friday, April 2nd, 2010:

8:00am – 9:30am

1:00pm – 3:30pm

Saturday, April 3rd, 2010:

8:00am – 11:00am

12:30pm – 2:00pm

**Implements WILL NOT be accepted beyond times shown.
NO EXCEPTIONS!**

COLLEGIATE INFORMATION

- Athletes representing colleges/universities must be eligible according to the rules, which govern the athletic participation of their schools; i.e., NCAA, NAIA, or NJCAA.
- NCAA rules will prevail
- Each school may enter a maximum of three (3) individuals and two (2) relay teams per event except the 4x200 where a maximum of three (3) relays teams may be entered. Additional entries will not be accepted.

FIELD SIZES

<u>EVENT</u>	<u>NUMBER ACCEPTED</u>
Field Events	24
Open Track Events	45
100	56
4x1	45
4x2	36
SMR	27
Invite 200	16

Opening Heights and Minimum Measurements

Women:

High Jump	1.58
Pole Vault	3.20
Long Jump	5.73
Triple Jump	11.28
Shot Put	13.00
Discus	40.00
Hammer	45.00
Javelin	35.00

Men:

High Jump	1.93
Pole Vault	4.50
Long Jump	6.50
Triple Jump	14.00
Shot Put	13.70
Discus	45.00
Hammer	50.00
Javelin	55.00

HIGH SCHOOL INFORMATION

- Athletes representing high schools must be eligible according to the rules, which govern the athletic participation of their schools; i.e., FHSAA.
- Each school may enter a maximum of two (2) individuals and one (1) relay team per event. Additional entries will not be accepted.

FIELD SIZES

<u>EVENT</u>	<u>NUMBER ACCEPTED</u>
Field Events	18
All other Events	All

Opening Heights and Minimum Measurements

Opening Heights and Minimum Measurements will be determined prior to the meet based upon the field accepted into the event.

GENERAL ANNOUNCEMENTS

▪ PACKET PICK-UP

Team/Individual packets will be available from the packet pick-up area at the Women's Club (located across the street behind the track stadium next to the basketball building). The packets will include meet information, athlete's numbers, pins, relay cards and a coach's pass. Packet pick-up times are as follows:

Thursday	April 1 st – 4:00pm-7:00pm	Packet Pickup – Woman's Club
Friday	April 2 nd – 8:00am-6:30pm	Packet Pickup – Woman's Club
Saturday	April 3 rd – 8:00am-1:00pm	Packet Pickup – Woman's Club

▪ ENTRY INTO TRACK & FIELD STADIUM

Athletes: Competitor number will admit athletes into the stadium.

Coaches: Coach's passes will admit coaches into the stadium.

▪ ADMISSION

Admission is \$7 for adults, \$4 for children and \$1 for UF Students per day.

▪ WARM-UP

All athletes must complete their general warm-up outside the fenced track and field area.

▪ CHECK-IN PROCEDURE

Athletes need to check into the Clerk of Course (NW corner of track) a minimum of one (1) hour prior to their scheduled event time. Heats will be assigned and seeded for Friday events Thursday evening and for Saturday events Friday Night. Scratches need to be done before this time following below guidelines.

▪ PREFERRED LANES

For the 200 and all other oval races conducted in lanes the order of preferred lanes is 6, 7, 5, 8, 4, 9, 3, 2, 1.

▪ ATHLETE'S NUMBERS

Athlete's numbers will be worn on the front for all events except the pole vault.

▪ COACHING

No coaches will be allowed in the fenced track & field areas. Athletes competing in the field events may leave the field to consult with their coach, if it does not interfere with the competition. Coaches will be allowed in the field event area, outside the fence near McKethan Baseball Stadium.

- **FIELD EVENT CONDUCT**

LJ/TJ/SP/D/J/HT competitors will receive three (3) attempts with the top nine (9) athletes advancing to the final, to receive three (3) additional attempts. Each field event contestant must have a legal mark to receive additional attempts. The HJ/PV will be contested in continuous flights.

- **HIGH SCHOOL DISTANCE RACES**

Lapped runners in the 4x1600m relay and 3200m will be pulled from the track down to 12 teams.

- **FALSE STARTS**

The No False Start rule will be in effect.

- **PROTEST**

Protests must be filed, in writing, at the clerk tent no later than 30 minutes following the involved incident or decision.

- **FACILITY**

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, high jump, shot put, discus, and pole vault; maximum length of spikes - 1/4" pyramids or Christmas trees. **Needle or Pin Spikes Will NOT Be Allowed.**

- **AWARDS**

The winner in all Running and Field Events will receive an award. Awards can be picked up in the Pressly Press Box following the posting of the events results.

- **TRAINING AREA**

A large tent for athletic trainers will be set up in the southwest corner of the stadium.

- **RESULTS**

Results will be posted under the south end of the stadium, on gatorzone.com, and halfmiletiming.com as soon as possible.

- **SCRATCHES**

Scratches can be made for Friday's events up until Thursday at 12pm and for Saturday's events by 6pm at the meet at the clerks table or at packet pickup. Scratches are appreciated and can be emailed to mellaneew@gators.uaa.ufl.edu.



FOR MORE INFORMATION:

For questions regarding entries, acceptance and deadlines contact:

Mellanee Welty 352-375-4683 ext. 5547
MellaneeW@gators.uaa.ufl.edu

For questions regarding Sanctioning, Entry fees and General Info contact:

Therese LeGrow 352-375-4683 ext. 4402
Thereses@gators.uaa.ufl.edu